

Shari J. Crane, M.D.

General Information:

I am a physician with specialty training in Child and Adolescent Psychiatry, and I am also trained in Adult Psychiatry. My medical office is located in Coronado, CA. I see children, adolescents, and adults. I also work with couples and families. I accept a limited number of patients, which allows me to provide attentive high quality care in a timely fashion. My private practice is an “old school” approach of thoughtful attentiveness to each individual patient. Before starting my private practice I was scheduled to see multiple patients per hour, regardless of the time needed to treat. This greatly motivated me to start my own private practice and address the good of the patient as a whole. My routine visit lasts for 50 minutes, and I see new patients for 90 minutes. This allows me time for a more complete medical evaluation to better address your needs. I’m now able to include preventative health, nutrition, therapy, educational advocacy, and so many more helpful treatment approaches. Though I have had excellent training and experience in psychopharmacology, I believe psychiatry is so much more than simply medication.

Each patient whom I see has picked me due to choosing the best choice for them. I am not on insurance panels, and I am not a Medicare provider. I require payment at the time of service, and accept cash, debit and credit cards. I only accept checks from established patients. I provide a receipt, and you may elect to send the receipt to your insurance company for reimbursement. My services are confidential, and I do not send any of your information to insurance, though you may do so if you wish. Because I receive payment from my patients, and not from any insurance agency, I am free to offer you individualized treatment choices and planning that I believe to be the best medical care to optimize your health. Though I am not contractually bound to any insurance companies, many will still reimburse you for my services. You may call your insurance company to find out how much reimbursement you will receive. This may need to be done prior to your first appointment with me, depending upon the policies of your particular plan.

Please note the scope of my practice does not include forensics, court testimony, custody evaluations, nursing home/geriatrics, or treatment of active substance abuse.